

Psychological Security Level and It's Relationship With Optimism and Pessimism Level among Adolescent in Nazareth

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اشراف الدكتورة:

حـنـان الـشــقـران

2014 - 2013

الأَمْن النَفْسي وعلاقته بالتّفاؤُلِ وَالتّشاؤُمِ لَدَى المُراهِقينْ

فــي قَــضاء الــناصِــرة

إعداد

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قدمت هذه الرسالة استكمالاً لمتطلبات الحصول على درجة الماجستير في تخصص الإرشاد النفسي والتربوي، جامعة اليرموك، الأردن

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تاريخ مناقشة الرسالة

٠٤ / ٠١ / ٢٠١٤

[illegible]

[illegible] (48 [illegible]) [illegible] وفي جامعة اليرموك خاصة [illegible]

[illegible]

قائمة المحتويات

الفصل الأول: خلفية الدراسة وأهميتها

الفصل الثاني: الدراسات السابقة

الفصل الثالث: الطريقة والإجراءات

قائمة الجداول

قائمة الملاحق

الملخص

[illegible] (2014). [illegible]

[illegible] الى [illegible] (0,05= α) [illegible] (4230) [illegible] (200) [illegible] 2014 [illegible] 2015 [illegible] (2005) [illegible] (2013).

[illegible] (0.05= α) [illegible]

الفصل الأول

خلفية الدراسة وأهميتها

[illegible]

[illegible] (Erikson) [illegible] (2006) [illegible]

[illegible]

[illegible] (2005 [illegible]).

[illegible]

[illegible]

(Psychological Security)

.(2000

(2001)

(2003)

(2003)

(2004)

Gillath, Shaver, & Mikulincer, 2005; Hart,)

.(Shaver, & Goldenberg, 2005; McGregor, 2006

.(Meriwether, 1988)

.(Glaser & Prior, 2002)

.(2004 ... 1997 ...)

... (Maslow) ... (2007) ...

... (2012) ...

... (Carl Rogers) ... (2001) ...

[illegible]

[illegible] (Mann, 2001) [illegible] (Freud) [illegible]

[illegible] (Mann, 2001) [illegible]

[illegible] (2003) [illegible] (Adler) [illegible]

[illegible]

[illegible] (A, Ellis) [illegible] (Bowlby) [illegible] (2003) [illegible] Schema [illegible]

[illegible] (2007 [illegible]).

[illegible] (28 [illegible]).

[illegible] (2001 [illegible]).

[illegible] .(4-3 [illegible]) {[illegible]}

[illegible] (2010) [illegible]:

[illegible]

[illegible] .(62

[illegible] .{175 [illegible] 173 : [illegible]}

[illegible]: {الذين آمنوا وتطمئن قلوبهم بذكر الله ألا بذكر الله تطمئن القلوب} (الرعد 28). ويتبين أثر الذكر في أذكار الصباح والمساء وفي أحايث مخصصه في باب الذكر لجلب الأمن النفسي مثل دعاء الهم والكرب من خلال اليقين بالله تعالى وبقدرته الالهيه.

رابعا: الدعاء: فقد قال رسول الله عليه الصلاة والسلام: "من سره أن يستجاب له عند الكرب والشدائد فليكثر الدعاء في الرخاء".

خامسا: الإيمان بالقضاء والقدر:

التفاؤل والتشاؤم (Optimism & Pessimism)

[illegible] .(Gerle, 2001) [illegible]

[illegible] (2000) [illegible]

[illegible] (2000) [illegible]

[illegible] (2001) [illegible]

[illegible] (2001) [illegible]

[illegible] .(2001 [illegible])

(2002)

(Scheier & Carver, 2003)

(2003)

(2000)

{7532}

(2008

.(2005

.(2005

.(2007

.(2010

.(2009

(2012)

(Day & Malthby, 2003)

(2006)

ايضا (Andrew et al. , 2003)

المشار اليها في سليم (2006)،

وإن الفرد إذا اعتقد بأن سبب فشله هو عامل مستقر

.(2001

(Norem & Cantor, 1986)

.(Showers , 1992)

(1999)

-1

-2

-3

-4

-5

(2012)

-6

-7

-8

[illegible] (2006) المشار اليه في سليم Kelly [illegible]

[illegible] (1990) [illegible] (Freud) [illegible]

[illegible] (1998) [illegible]

[illegible] (1998) [illegible] (Erekson) [illegible]

[illegible] .(1986 [illegible]

[illegible] (Bandora) [illegible]

مشكلة الدراسة وأسئلتها:

[illegible]

(0.05) ... للوالدين

(0.05) ... للوالدين

أهمية الدراسة:

[illegible]

1) [illegible]

2) [illegible]

3) [illegible] 2014.

4) [illegible]

[illegible]

[illegible]:

[illegible] Psychological Security: "[illegible] (15 [illegible] :2003). [illegible]

[illegible] Optimism: " [illegible] (2011: 4 [illegible])".

[illegible] Pessimism: " [illegible] (2012: 57 [illegible]).

ýƋǴƽƙ!ƒ ƩǴǑǀǆ ǏǈƵ ƗƜǈƱ!ƒ ǴǌǑǈƵ ý ƮƠǑƪ Ǒƙ!ƒ ƗƞƧƥ!Ǵ ǕǑƑƒƧƞ ǇƋǴƬƙ!ƒǍ ýƋǴƽƙ!ƒ ǇǴƼƧƶǑǍ

.ǇƋǴƬƙ!ƒǍ

ǑƪǊƞ!ƒǍ ǑǊƥƜ!ƒ Ɲƣǉ!ƒ ƗǈƠƧǆ Ǐ!ƥ ýǴǀƙǊǗƒ ǀƧƙ5 ǑǋǊ" :Adolescence ƜƽǊƐƥǅǈƐ

Ǒ5 ǇǑǀǋƒƧǆ!ƒ ƗƛƠǴƜ!ƒ ýǍǴǊƙƙƪ ƗƪƒƧƥ!ƒ ǊƦǌƜǍ .(57 f :2007 ǕǅǊǴƸ) "ǑǈƶƵ!ƒǍ ǑƼǴƶǊǓƒǍ

.ǀƧƮǴǊ!ƒ ǇǴƣƥ Ǒ5 ƴƪǴƙ!ƒǍ ǇǆǴƛ!ƒǍ ƴƜǴƪ!ƒ ƻƮ!ƒ

الفصل الثاني

الدراسات السابقة

[illegible]

[illegible] (Sydney & et al. , 2005) [illegible] 6-3 [illegible] (204) [illegible] (YLOT) [illegible] (YLOT) [illegible] .(YLOT) [illegible] (204) [illegible]

[illegible] (2008) [illegible] (2001) [illegible]

[illegible] (2008) [illegible]

(502)

(sulkers et al. , 2013)

(66) (33)

[illegible] التفاؤل والتشاؤم:

[illegible] (2008) [illegible] (2012) [illegible] (2014) [illegible] (2012) [illegible] (2014).

[illegible]

الفصل الثالث

الطريقة والإجراءات

[illegible]

[illegible]

[illegible] (1423) [illegible] (2159) [illegible] (2071) [illegible] (4230) [illegible] (1329) [illegible] (1478) [illegible]

[illegible]

[illegible] (200) [illegible] 2014- 2015. منهم (104) ذكورا و (96) إناثا، [illegible] (1) [illegible]

(1) [illegible]

[illegible] والصف والمستوى التعليمي للأب والمستوى التعليمي للأم

[illegible]		[illegible]	[illegible]
[illegible]	[illegible]	104	52.0
	[illegible]	96	48.0
[illegible]	[illegible]	57	28.5
	[illegible]	72	36.0
	[illegible]	71	35.5
[illegible]	[illegible]	92	46.0
	[illegible]	108	54.0
[illegible]	[illegible]	117	58.5
	[illegible]	83	41.5
	[illegible]	200	100.0

[illegible] :-

[illegible] (2005 [illegible] (2013 [illegible]

[illegible]

[illegible] (54) [illegible] (2005) [illegible]

Üƨ5ƒĂdž ÜlƥTƫ ƨ5ƒĂdž :ŎƮǴdžƤ ǋŏƧƥƙ Ĭ۱Ƶ ǇĂǂƙ ÜǂŏƫǗƮ lƧl5 (35) Ă ǂŏƫǴƞŏƍ lƧl5 (19) ÜlƧl5

ǂdžűƵ ƴưŏ ǇǊ ƒ ĂơƼdž!ƒ Ǉdž ǂƫǴƞŰƒ ǂlŏƧƱ Ɣ۱ƱƙƙĂ ÜlƥTƫ ƨ5ƒĂdž Ƨŏƺ Üƨ5ƒĂdž Ƨŏƺ ÜƥŏǴơdž

ŎƮƼǇ!ƒ ǇdžǕƒ ƩǴŏldž Ǉŏƫŏ (2) ǄƿƧ ƨơ۱dž!ƒĂ ÜŎƮƼǇ!ƒ ǋǇǆdžǊ ƴdž ǸǴƿǴƼƙƒ ƧƛǂǕƒ ǂƫǴƞƙƮǛƒ ǄǴdžǊ (X)

.ǂŏ!ĂǕƒ ǋƙƧĂƬƫ Ǉŏlǋƒƨdž۱!

ƫĭlǋǛƐ ǇǂƥǋƬǴ Ĭƨƻdž۱Ɛ ǄžǄǕƐ Ƨ ƑĭƨǄž l ƑǴƙǋ ƼƣT lŰŰƣ

ĭƧǋǴƱ!ƒ ƨƥƬ!ƒ ƔǴƮơƫ ƩǴŏldž!ƒ ƘǴƫƛĂ ƨƥƬ ƘŰŰƥ Ǉdž (2005) ƧŏlT Ƙllơƙ

ĬƼTƙƮdž ƥƒƵƍ Ǉdž ǂŏƮƼǇ!ƒ ǂǇŏǇǆdžƱ!ƒ ƩǴŏldž ƨŏƫƱƙĂ ǋlŏƫƱƙ ƴűƤ Ǉdž ƩǴŏldž۱! llơdž!ƒ ƨƥƬĂ

ƨƥƬĂ ĭƨŏŏdžƙ!ƒ ƨƥƬ!ƒ ƔǴƮơƫ ll!ƦǂĂ ÜǴŏƑǴƬơƍ ƴƒƥ Ǵdžǋǆŏƫ ƱǴƫƙƧŰƒ ƴdžǴƶdž ǇǴǂĂ ÜƻƑǴƱ!ƒ

ƘǴƫƛ!ƒ ƴdžǴƶdž Ƹ۱ƫ ĭƦ!ƒĂ ǴƼ!Ǌ ƢǴƫǇĂƧǂ ǂlŏƧƱƫ ƩǴŏldž!ƒ ƘǴƫƛ ƔǴƮơƫ ll!Ʀǂ ƘdžǴƿĂ .ƘƒƥƧƼdž!ƒ

lƥǴƵƍ ǂlŏƧƱƫ ll!ƦǂĂ Ü(0.74) ǴǋŏƼ ƘǴƫƛ!ƒ ƴdžǴƶdž Ƹ۱ƫ ǇǴdžƧŏƫƮ ǂ!ƥǴƶdž ƨŏƫƱƙƫĂ Ü(0.91) ǴǋŏƼ

.(0.75) ƱǴƫƙƧŰƒ ƴdžǴƶdž ǇǴǂĂ ǴƒƧƞŰƒ

ƫĭlƑƟlƐ ƫƨƐƥƣlƐ Ĭƺ Ƨ ƑĭƨǄžlƐ ƼƣT lŰŰƣ

ǂǇŏƵ ƥƒƧƼǊ Ĭ۱Ƶ ǂlŏƫƱƙ! ǻƥŏǋdžƙ ÜŎƮƼǇ!ƒ ǇdžǕƒ ƩǴŏldž ƨƥƬ Ǉdž ƨlơƙ!Ǵƫ ǂƛơǴƫ!ƒ ƘdžǴƿ

:ǴdžǋĂ ÜǇŏƙlŏƧƱƫ ƩǴŏldž!ƒ ƨƥƬ Ǉdž Ƙllơƙ ƥƿĂ ÜǂƮƒƧƥ!ƒ

ǋǋǂƟǄžlƐ ƼƣT :ŰǋƐ

ǋƙƧĂƬ ƜƒƧƤƷƫ ǂƛơǴƫ!ƒ ƘdžǴƿ ŎƮƼǇ!ƒ ǇdžǕƒ ƩǴŏldž۱! ăĂƙơdž!ƒ ƨƥƬ ƘŰŰƥ Ǉdž ƨlơƙ۱!

ǂǇƞ! Ĭ۱Ƶ ǋưƧƵ Ǆƙ ǄƛǇdžĂ Ü(2) ƨơ۱dž!ƒ Ŏ5 Ǉŏƫdž Ăǋ Ǵdžǂ ÜlƧl5 (54) Ǉdž ǇĂǂdž!ƒĂ Üǂŏ!ĂǕƒ

ÜĭĂƫƧƙ!ƒ ƩƼǇ!ƒ Ǆ۱ƵĂ ƥǴTƧŰƒ Ŏ5 ǇŏƬƬƤƙdž!ƒ ƩŏƧƥƙ!ƒ ǂƑŏǋ ǴǴưƵǊ lƦƙǴƮŰƒ Ǉdž ǄŏǂơƙƘ

Ǉŏƫdž Ăǋ Ǵdžǂ ÜǴdžǂơdž (11) ǄǋƥƥƵ Ƹ!Ǵƫ!ƒĂ ÜǴƼŏơ ǂƶdžǴƞĂ llĂdžƧŏ!ƒ ǂƶdžǴƞ Ŏ5 ŎƮƼǇ!ƒ ƥǴTƧŰƒĂ

[illegible] (6) [illegible] (19) [illegible] (6) [illegible] (2) [illegible] (26) [illegible] (8) [illegible] (3) [illegible] (21) [illegible] (55) [illegible] (43) [illegible] (13) [illegible] (34) [illegible]

[illegible]

[illegible] (50) [illegible] (0.20) [illegible] (7) [illegible] (2) [illegible] (48) [illegible] (18) [illegible] (30) [illegible]

(2) [illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]
0.58	29	0.61	1
0.51	30	0.31	2
0.56	31	0.33	3

[illegible]	[illegible]	[illegible]	[illegible]
0.70	32	0.36	4
0.56	33	0.20	5
0.08	34	0.37	6
0.79	35	0.36	7
0.73	36	0.39	8
0.75	37	0.22	9
0.42	38	0.42	10
-0.07	39	0.30	11
0.64	40	0.17	12
0.46	41	0.63	13
0.71	42	0.21	14
-0.07	43	0.43	15
0.60	44	0.52	16
0.54	45	0.34	17
0.72	46	0.37	18
0.74	47	0.17	19
0.49	48	0.55	20
0.72	49	0.32	21
0.79	50	0.57	22
0.54	51	0.67	23
0.35	52	0.78	24
-0.05	53	0.75	25
0.63	54	-0.12	26
0.75	55	0.64	27
		0.59	28

[illegible] (2) [illegible] (0.79 _ -0.12) [illegible]: (12) [illegible] (19) [illegible] (26) [illegible] (34) [illegible] (39) [illegible] (43) [illegible] (53).

[illegible]

[illegible] (50) [illegible]

[illegible]

[illegible]

[illegible]

[illegible] (0.80) [illegible] (Test – Retest)

(0.50).

[illegible]

[illegible]

[illegible] (48) [illegible]

[illegible]

(30) [illegible] (18) [illegible] (48) [illegible]

[illegible] (3) [illegible]

[illegible] (5) [illegible] (x) [illegible]

[illegible] (2) [illegible] (3) [illegible] (4) [illegible]

[illegible] (5-1) [illegible] (1) [illegible]

[illegible] (48) [illegible]

[illegible] (18) [illegible] (240) [illegible]

[illegible] (19 -48) [illegible] (30) [illegible] (1 -18) [illegible]

:ǑkǕf ǍơǇ!f ǏǁƵ ƗǒhǴƪơ!f ƘǴƱƪǍkdž!f ƴǒƨǍk Džk ǕƗƪfƧƥ!f ƗǇǒƵ ƥfƧ5Ɗ ăƥ! Ǒƪ5Ǉ!f

.(ƴ5kƧdž ăǍkƪdž 5 -3.67) Ǖ(ƱƪǍkdž ăǍkƪdž 3.66 -2.34) Ǖ(Ư5ƤǇdž ăǍkƪdž 2.33 -1)

!ƊƑƪƗǁƐǌ üƊƑƻƗǁƐ Ƨ ƑǐƾƊŽ :ƑǐdžƑk

ǇƵ ƻƬǂ!f ýƞƊ ǇǈdžDžƋǴƬk!fǍ ýƋǴ5k!f ƩǴǒldž DžfƥƤkƪf Džk ƗƪfƧƥ!f ǇƦǋ ƻfƥǋƊ ƾǒlơk!

lƥ!Ǵldž ýhp Ǉǈdž ƥƶdž!f ǕlƧƮǴǇ!f ǴǴưp Ǒ5 ƗǒƥfƥƵǕf ƩƧfƥdž!f Ǒ5 DžƋǴƬk!fǍ ýƋǴ5k!f ăǍkƪdž

ǕƗǒƪfƧƥ!f ýdžfǍƶ!f :ǑǋǍ ƘǕǴƞdž Ɨkƪ ǏǁƵ ƗƵƨǍdž lƧl5 (49) Ǉǈdž Ʃǒldž!f ǇǍǂkǒǍ Ǖ(2013)

ýdžfǍƶ!f ǕƗǒơƮ!f ýdžfǍƶ!f ǕƗǒƵǴdžkƞǕf ýdžfǍƶ!f ǕƗǒƥǴƮkpǕf ýdžfǍƶ!f ǕƗǒƧƪǕf ýdžfǍƶ!f

ƾ5fǍdž Ƨǒƹ Ǖƾ5fǍdž Ƨǒƹ ǕƥǒǴơdž Ǖƾ5fǍdž ǕlƥƬh ƾ5fǍdž :ǑƪǴdžƤ ǊǒƧƥk ǏǁƵ ǇǍǂk .Ɨǒƪǒƪ!f

ǕǋdžƋǴƬkǍ Ǌ!Ƌ5k ƴdž ǴpǴ5kf ƧƛǂǕf ƗhǴƞkƪǕf DžǴdžƊ (X) lƧǴƬƍ ƴưǒ ǇƊ f ǍơƼdž!f ǏǁƵǍ .lƥƬh

.Ɨǒ!ǍǕf ǊkƧǍƬh DžƋǴƬk!fǍ ýƋǴ5k!f ǇǒhǒǊ (4) DžpƧ ƾơǁdž!fǍ

hǐǁǋǕƐ ǇƗƥǋƬǴ !ƊƑƪƗǁƐǌ üƊƑƻƗǁƐ Ƨ ƑǐƾƊŽ l ƑǴkǋ 5ƍƬ lǕǕƍ

ăǍkơdž!f ƾƥƮ ǏǁƵ ƥdžkƵf ƥpǍ ǕƩǴǒldž!f ƘǴhƛǍ ƾƥƮ ƘǕǕƥ Ǉǈdž (2013) lƥ!Ǵldž ƾlơk

ǁ!ǋǂǍ ǕăǍkơdž!f ƾƥƮh ƩǴǒldž!f ƴkdžk ǏǁƵ fǍƶdžƞƊ ƥpǍ Ǵdžǂơdž (12) Ǐ!ƍ ƩǴǒldž!f ƴǒƨǍkh

ƾƥƮh ƴkdžk ƥp ƩǴǒldž!f ǇƊ Ƙfƻl5!f ƱǴhkƧf ƘǘdžǴƶdž Ǉǈdž ǇǒhǒǊ ƥpǍ ǴǴǇh!f ƾƥƮ ǏǁƵ ƥdžkƵf

Ǉǈdž ƘǇǍǂk ƗǒƵǘƱkƪf ƗǇǒƵ ǏǁƵ ǴǌǇǒhƱkh lfƥǕf ƘǴhƛ Ǉǈdž (2013) lƥ!Ǵldž ƾlơk ƥpǍ .ǴǴǇh!f

ýdžǴƶdž ƹǁhǍ Ǖ(0.97) Ǵ5!Ɗ ƍǴǇǍƧǂ ƘǴhƛ!f ýdžǴƶdž ƹǁh ƥpǍ ǕƧǴhkƤǕf lƥǴƵƍǍ Ɨh!ǴƱǍ Ǵh!ǴƱ (50)

.(0.90) ǇǍƪƧǒh ƱǴhkƧf

[illegible] :[illegible]

[illegible] (50) [illegible] .(3) [illegible]

(3) [illegible]

[illegible]

[illegible]	[illegible] المجال	[illegible] المقياس	[illegible]	[illegible] المجال	[illegible]
1	0.74	0.57	22	0.43	0.33
2	0.29	0.26	23	0.42	0.31
3	0.51	0.50	24	0.40	0.32
4	0.49	0.32	25	0.70	0.59
5	0.53	0.25	26	0.54	0.43
6	0.48	0.40	27	0.45	0.33
7	0.50	0.38	28	0.40	0.26
8	0.58	0.36	29	0.46	0.33
9	0.51	0.37	30	0.25	0.20
10	0.44	0.37	31	0.64	0.58
11	0.60	0.56	32	0.25	0.24
12	0.45	0.44	33	0.71	0.50
13	0.31	0.22	34	0.69	0.54
14	0.59	0.52	35	0.40	0.16
15	0.46	0.35	36	0.16	0.16
16	0.39	0.38	37	0.48	0.38
17	0.48	0.28	38	0.62	0.60
18	0.45	0.44	39	0.21	0.16
19	0.43	0.31	40	0.41	0.23
20	0.52	0.40	41	0.56	0.42
21	0.56	0.31	42	0.76	0.34

ýĜȠdž!f ydž ƘfƧlɜ!f ƱĜhƙƧǫ Ƙǖdžĝƶdž Džöp ǈĐ (3) ýĂɓȠ!f Ŏɜ lɓƧfĂ!f ƘĜǉĜöh!f ǈdž ƱơǖöĂ

Ĝdž ƘơĂfƧƙ ƩĜölǆ!f ydž lƧlɜ!f ƱĜhƙƧf Ƙǖdžĝƶdž DžöpĂ Ü(0.16 -0.76) ǈöh Ĝdž ƘơĂfƧƙ ýǂǂ

ǈdž (39) lƧlɜĂ ÜǂöơƮ!f ýdžfĂƶ!f ýĜȠdž ǈdž (36) lƧlɜ ƻƦơ Džƙ ɓpĂ .(0.16 -0.60) ǈöh

ýpĐ DžnjƱĜhƙƧf ýdžĝƶdž ǈĜǂ ÜǂöƧƪǕf ýdžfĂƶ!f ýĜȠdž ǈdž (35) lƧlɜĂ ÜǂöƪfƧɓ!f ýdžfĂƶ!f ýĜȠdž

.ƩĜölǆ!f Ŏɜ lƧlɜ (39) Ĝǉöɓ! Ơh Ʈö! Ü(0.2) ǈdž

hǐǁƑƟǁƐ hƨƐɓǭǁƐ Ǐʓ ƧƑǐǂƐ lƑĜƙ lǗǗǭ

ǂh!ĜƱĂ Ĝh!ĜƱ (50) ǈdž ƘǉĂǂƙ ǂöƵǖƱƙƪf ǂǉöƵ ǏǁƵ ǂlöhƱƙ Džƙ ÜƩĜölǆ!f ƘĜhǍ ǈdž ƭlơƙǁ!

Ʃɜǉ ǏǁƵ ƩĜölǆ!f ƭöhƱƙ lɓĜƵǫ DžǍ ǈdžĂ ÜǂƪfƧɓ!f ǂǉöƵ ƜƧĜƤ ǈdž ǂƱƪĂƙdž!f ƩƧfɓdž!f ǂhǁƱ ǈdž

ŎǁƤfɓ!f ƭĜƪƙǕf ǂlöƧƱh ƘĜhǍ!f ýdžĝƶdž ƔĜƪơ Džƙ ɓpĂ ÜǈĜƵĂhƪf ǋƙɓdžĂ Ŏǉdžƨ ýƮĜɜ ɓƶh ǂǉöƶ!f

ƧĜhƙƤǕf lɓĜƵǫĂ ƧĜhƙƤǕf ǂlöƧƱĂ ýǂǂ ƩĜölǆǁ! Ĝɜ!Đ ǬĜhǉĂƧǂ ǂ!ɓĝƶdž ƔƪȠh

lɓĜƵǫĂ ƧĜhƙƤǕf ǂlöƧƱh ƘĜhǍ!f ýdžĝƶdž ǂdžöp (4) ýĂɓȠ ƠưĂöĂ Ĝdžǂ ÜTest – (Retest)

ǬĜhǉĂƧǂ ǂ!ɓĝƶdž ƭɜĂ ŎǁƤfɓ!f ƭĜƪƙǕf ǂlöƧƱh ƘĜhǍ!f ýdžĝƶdžĂ ýǂǂ lfɓǕfĂ ƘǕĜȠdžǁ! ƧĜhƙƤǕf

.Ĝɜ!Đ

(4) üǋǭǁ

hǐǂlǁƐ hǁɓǭǁƐǋ lǗƑǁǂǁ ƔǭƑƔǕƐ lƑĜƙǋ ƑƻǁƇ ƠƑĜǆǋɓl ǏǂǭƐǭǁƐ ƽƑƨǂǗƐ üǆƑyǆ

ŎǁƤfɓ!f ƭĜƪƙǕf	lɓĜƵǕf ƘĜhǍ	ýĜȠdž!f
0.81	0.84	ǂöƪfƧɓ!f ýdžfĂƶ!f
0.79	0.85	ǂöơƮ!f ýdžfĂƶ!f
0.74	0.86	ǂöƵĜdžƙȠǕf ýdžfĂƶ!f
0.75	0.79	ǂöɓĜƮƙpǕf ýdžfĂƶ!f
0.78	0.79	ǂöƧƪǕf ýdžfĂƶ!f
0.89	0.85	ǂöǁǂ!f ǂȠƧɓ!f

Ǵdžŀ ΣǴǒǀdž!ƒ ƘǴŀʎ ǏǐƵ ƒƧƬƌdž ƥƶƙ ƘǴŀʎ!ƒ ýdžǴƶdž Džǒp ǈǅ ljǖƵǅ lƥƧƒǍ!ƒ ƘǴǈǴŀ!ƒ ǈdž Ơưƙǒ

.Ɨǒ!Ǵơ!ƒ Ɨʅƒƨƥ!ƒ Ǒ5 ǊdžƒƥƥƙʅǗ Ơdžʅǒ

Ƨ ƑǐƨDŽǁ ŋǏƟƬƗ

ýǴŋdž ǈdž Ƙƒƨǀ5 (8) Ǖlƨǀ5 (39) ǈdž ƗǒƑǴnjǈ!ƒ ǊƙƨǍƮŀ DžƌǴƬƙ!ƒǍ ýƌǴ5ƙ!ƒ ΣǴǒǀdž ǈǍǂƙ

ýǴŋdž ǈdž Ƙƒƨǀ5 (6) Ǖ(38 Ǖ33 Ǖ31 Ǖ20 Ǖ19 Ǖ8 Ǖ4 Ǖ1) Ƙƒƨǀ5!ƒ ǑǊǍ Ɨǒʅƒƨƥ!ƒ ýdžƒǍƶ!ƒ

ýdžƒǍƶ!ƒ ýǴŋdž ǈdž Ƙƒƨǀ5 (9) Ǖ(32 Ǖ23 Ǖ14 Ǖ11 Ǖ7 Ǖ3) Ƙƒƨǀ5!ƒ ǑǊǍ ƗǒơƮ!ƒ ýdžƒǍƶ!ƒ

ǈdž Ƙƒƨǀ5 (5) Ǖ(36 Ǖ29 Ǖ26 Ǖ24 Ǖ22 Ǖ17 Ǖ16 Ǖ15 Ǖ2) Ƙƒƨǀ5!ƒ ǑǊǍ ƗǒƵǴdžƙŋǗƒ

ýǴŋdž ǈdž lƨǀ5 (11) Ǖ(37 Ǖ28 Ǖ21 Ǖ9 Ǖ5) Ƙƒƨǀ5!ƒ ǑǊǍ ƗǒƥǴƮƙpǗƒ ýdžƒǍƶ!ƒ ýǴŋdž

Ǵdžǂ Ǖ(39 Ǖ35 Ǖ34 Ǖ30 Ǖ27 Ǖ25 Ǖ18 Ǖ13 Ǖ12 Ǖ10 Ǖ6) Ƙƒƨǀ5!ƒ ǑǊǍ ƗǒƧʅǕƒ ýdžƒǍƶ!ƒ

ƔǈǴŋŀ (x) lƧǴƬƒ ƠưǍŀ ΣǴǒǀdž!ƒ Ƙƒƨǀ5 ǏǐƵ ƗŀǴŋƙʅǗƒ DžƙǒǍ Ǖ(5) DžpƧ ƾơǐdž!ƒ Ǒ5 ǈǒŀdž ǍǊ

ƾ5ƒǍdž ǕƘǴŋƧƥ (5) ǏƱƶƙǍ lƥƬŀ ƾ5ƒǍdž :ǑʅǴdžƤ!ƒ Ƙƨǂǒ! ǋǒƧƥƙ ǏǐƵ ƗdžƑǖdž!ƒ ƗŀǴŋǗƒ

Ƨǒƺ ǕǈǒƙŋƧƥ (2) ǏƱƶƙǍ ƾ5ƒǍdž Ƨǒƺ ǕƘǴŋƧƥ (3) ǏƱƶƙǍ ƥǒǴơdž ǕƘǴŋƧƥ (4) ǏƱƶƙǍ

ǈǅ ǏǅǕ(1-5) ǈdž Ƙƒƨǀ5!ƒ ǈdž lƨǀ5 ýǂ ƗŋƧƥ ƟǍƒƧƙƙ .ƗŋƧƥ (1) ǏƱƶƙǍ lƥƬŀ ƾ5ƒǍdž

ǕǴnjǒǐƵ ýǍƮơ!ƒ ǈǂdžǒ ƗŋƧƥ ǏǈƥǅǑǊǍ ƗŋƧƥ (39) ǈǒŀ ƟǍƒƧƙƙ ΣǴǒǀdž!ƒ ǏǐƵ Ɨǒǐǂ!ƒ ƗŋƧƥ!ƒ

lƨǀ5 (23) ǈdž ΣǴǒǀdž!ƒ ǈǍǂƙǒ Ɨǒơ .ǴnjǒǐƵ ýƮơǒ ǈǅ ǈǂdžǒ ƗŋƧƥ ǏǐƵǅ ǑǊǍ (195) ǈǒŀǍ

Ǖ32 Ǖ31 Ǖ27 Ǖ25 Ǖ23 Ǖ22 Ǖ21 Ǖ20 Ǖ18 Ǖ17 Ǖ13 Ǖ11 Ǖ6 Ǖ5 Ǖ1) :ǑǊǍ ƗŀŋǍdž

Ǖ14 Ǖ12 Ǖ10 Ǖ9 Ǖ8 Ǖ7 Ǖ4 Ǖ3 Ǖ2) :ǑǊǍ Ɨŀ!Ǵʅ lƨǀ5 (19) Ǎ Ǖ(39 Ǖ38 Ǖ36 Ǖ34 Ǖ33

ǎƥ! DžƌǴƬƙ!ƒǍ ýƌǴ5ƙ!ƒ ǎǍƙʅdž ƥǒƥơƙ!Ǎ Ǖ(35Ǖ37 Ǖ30 Ǖ29 Ǖ28 Ǖ26 Ǖ24 Ǖ19 Ǖ16 Ǖ15

4.5 ǈdž ǏǐƵǅ) :ǑƙǗƒ Ǎơǈ!ƒ ǏǐƵ ƗǒŀǴʅơ!ƒ ƘǴƱʅǍƙdž!ƒ ýǒƨǍƙ Džƙ ǕƗʅƒƨƥ!ƒ ƗǈǒƵ ƥƒƧ5ǅ

2.49-1.5 [illegible] 3.49-2.5 [illegible] 4.49 -3.5 [illegible]

.[illegible] 1.49 [illegible]

[illegible]

:[illegible]

- [illegible] (3) [illegible]

.(5)[illegible]

- [illegible] (7) [illegible]

.[illegible]

- .[illegible]

- [illegible]

.[illegible]

- [illegible]

.[illegible]

- [illegible] (220) [illegible]

.[illegible]

- .[illegible]

(SPSS)

متغيرات الدراسة:

اشتملت الدراسة على المتغيرات الآتية:

- الأمن النفسي.
- مستوى التفاؤل والتشاؤم.

[illegible]

[illegible] (SPSS) [illegible]

[illegible]:

- [illegible]
- [illegible]
- [illegible]
- [illegible] 0.05 [illegible]
- [illegible] 0.05 [illegible]

الفصل الرابع

نتائج الدراسة

[illegible]

[illegible]

[illegible]

[illegible] (3.75) [illegible]

.([illegible]) [illegible] (0.713)

[illegible]

[illegible]

(5) üNjqJШ

ƔþƬƑǆǁǁ ƀƑƮƼ ǏƺDžǐƨǉƐþDžǁǁ njqǁ !DƑƪƗǁǁNj üDƑƧƗǁǁ hШþqǁ hǔþƑǐƴDžǁǁ ƖƑƺƐþƟǆǗƐNj hǔƓƑƨƟǁǁ ƖƑƱƨNjƗDžǁǁ
hǔƓƑƨƟǁǁ ƖƑƱƨNjƗDžǁǁ ƒƨƟ ƒǐǁƦƑǆƗ hƓƗþDž

ăĂƙƪǆ!ƒ	ƻƒƧơǉǗƒ ǐƧƓǒƶǆ!ƒ	ƱƪĂƙǆ!ƒ ǑhƓƪơ!ƒ	ýƓηǆ!ƒ	ƗhƙƧ!ƒ
ýƑƓƼƙǆ	.602	4.08	ƗǒƪƒƧþ!ƒ ýǆƒĂƶ!ƒ	1
ýƑƓƼƙǆ	.559	4.00	ƗǒƧƪǕƒ ýǆƒĂƶ!ƒ	2
ýƑƓƼƙǆ	.635	3.79	ƗǒơƬ!ƒ ýǆƒĂƶ!ƒ	3
ýƑƓƼƙǆ	.758	3.79	ƗǒþƓƬƙpǗƒ ýǆƒĂƶ!ƒ	4
ýƑƓƼƙǆ	.728	3.68	ƗǒƵƓǆƙηǗƒ ýǆƒĂƶ!ƒ	5
ýƑƓƼƙǆ	.507	3.88	ýǂǂ DžƋƓƬƙ!ƒĂ ýƋƓƼƙ!ƒ	

ăþ! DžƋƓƬƙ!ƒĂ ýƋƓƼƙ!ƒ ăĂƙƪǆ! ƗǒhƓƪơ!ƒ ƘƓƱƪĂƙǆ!ƒ LJD (5) ýĂþη!ƒ LJǆ LJǒhƙǒ ƗǒƪƒƧþ!ƒ ýǆƒĂƶ!ƒ ýƓηǆ ƇƓηĂ Ü(4.08-3.68) LJǒh ƘơĂƒƧƙ ÜǀƧƬƓǉ!ƒ ƇƓưp Ǒ5 LJǒǀNjƒƧǆ!ƒ ƗhƙƧǆ!ƒ Ǒ5 ǉǖƙ ÜýƑƓƼƙǆ ăĂƙƪǆhĂ Ü(4.08) ƸǁǁhǑhƓƪơ ƱƪĂƙǆ ǏǁƵƋh ÜǏ!ĂǕƒ ƗhƙƧǆ!ƒ Ǒ5 Ǒ5 ƓǆNjǖƙ ÜýƑƓƼƙǆ ăĂƙƪǆhĂ Ü(4.00) Ƹǁǁh ǑhƓƪơ ƱƪĂƙǆh ÜƗǒƧƪǕƒ ýǆƒĂƶ!ƒ ýƓηǆ ƗǒǉƓƛ!ƒ Ü(3.79) Ƹǁǁh ǑhƓƪơ ƱƪĂƙǆh ÜƗǒþƓƬƙpǗƒ ýǆƒĂƶ!ƒĂ ƗǒơƬ!ƒ ýǆƒĂƶ!ƒ Ǒ!Ɠηǆ ƗƛƛƓƛ!ƒ ƗhƙƧǆ!ƒ ǑhƓƪơ ƱƪĂƙǆhĂ ÜǀƧǒƤǕƒ ƗhƙƧǆ!ƒ Ǒ5 ƗǒƵƓǆƙηǗƒ ýǆƒĂƶ!ƒ ýƓηǆ ƇƓη ƓǆǉǒhÜýƑƓƼƙǆ ăĂƙƪǆhĂ Ü(3.88) ýǂǂ DžƋƓƬƙ!ƒĂ ýƋƓƼƙǁ! ǑhƓƪơ!ƒ ƱƪĂƙǆ!ƒ ƸǁǁhĂ ÜýƑƓƼƙǆ ăĂƙƪǆhĂ Ü(3.68) Ƹǁǁh .ýƑƓƼƙǆ ăĂƙƪǆhĂ

ŧƕƙƧďž Ǒnj5 ĐžƋǴŢƙ!ƒĂ ýƋǴƽƙ!ƒ ΣǴǑǀďž ƘƒƧǀ5 ǏǁƵ ŧǉǑƺ!ƒ þƒƧ5Ɖ ƘǴƕǴŋƙʅƒ yǑƨĂƙ! ŧƕʅǉ!ǴƕĂ

.(1) الملحق رقم Ǒ5 ƠưĂďž ĂNj Ǵďžŧ ǺǑ!ƨǴǉƙ

ĐžĐžǕɛ njNjŧƨĐž ĐžĭǴ ƕĭƯƑǴŧþɛ ƕƽűY ǫǁNjŧ ülj" :ƘǁƑƙǁɛ üɛƉƨǁƑǴ ƕšŧyŧĐžǁɛ ƛəƑŧďžǁɛ :ƑƙǁƑƙ

."ÝγþŢƑďžǁɛ ƅƑŢ5 Ǐʓ ĐžĭšljɛþĐžǁɛ njǫǁ !ƉƑʅŧǁɛNj üƉƑƧŧǁɛNj Ǐƨƨďžǁɛ

ýƋǴƽƙ!ƒĂ Ǒʅ5ǉ!ƒ ǈďžǕƒ ăĂƙʅďž ǈǑƕ ǈĂʅƧǑƕ ƱǴƕƙƧƒ ýďžǴƺďž ǁƒƧƤƙʅƒ Đžƙ ýƒƋʅ!ƒ ƒƦNj ǈƵ ŧƕǴŋű!

. ǁ!ƦƠưĂǑ (6) ýĂþŋ!ƒĂ ÜǀƧŢǴǉ!ƒ ǴǴưƥ Ǒ5 ǈǑǀNjƒƧďž!ƒ ăþ! ĐžƋǴŢƙ!ƒĂ

(6) üNjǫǁ

ƅƑŢ5 Ǐʓ ĐžĭšljɛþĐžǁɛ njǫǁ !ƉƑʅŧǁɛNj üƉƑƧŧǁɛNj Ǐƨƨďžǁɛ ĐžĐžǕɛ njNjŧƨĐž ĐžĭǴ ƕƽűyŧǁ ĐžNjƨþĭǴ ƯƑǴŧþɛ üĐžƑyĐž

γþŢƑďžǁɛ

المجالات	الإحصائي المستخدم	ΣǴǑǀďž Ǒʅǉ!ƒ	ǈďžǕƒ
ŧǑʅƒƧþ!ƒ ýďžƒĂƶ!ƒ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.368 .000	
ŧǑơŢ!ƒ ýďžƒĂƶ!ƒ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.312 .000	
ŧǑƧʅǕƒ ýďžƒĂƶ!ƒ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.413 .000	
ŧǑƵǴďžƙŋǕƒ ýďžƒĂƶ!ƒ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.406 .000	
ŧǑþǴŢƙƥǕƒ ýďžƒĂƶ!ƒ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.438 .000	
ĐžƋǴŢƙ!ƒĂ ýƋǴƽƙ!ƒ ýŧŧ	ƨ ƱǴƕƙƧǕƒ ýďžǴƺďž ŧǑƑǴŢơǗƒ ŧ!Ǖþ!ƒ	**.497 .000	

.(0.05) ŧ!Ǖþ!ƒ ăĂƙʅďž þǉƵ ǴǑƑǴŢơʓ ŧ!ƒþ *

.(0.01) ŧ!Ǖþ!ƒ ăĂƙʅďž þǉƵ ǴǑƑǴŢơʓ ŧ!ƒþ **

Ǒʅ5ǉ!ƒ ǈďžǕƒ ăĂƙʅďž ǈǑƕ ǴǑƑǴŢơʓ ŧ!ƒþ ŧǑƕǴŋǑ ŧþűƵ þĂŋĂ (6) ýĂþŋ!ƒ ǈďž ǈǑƕƙǑ

ŧ!ƒþ ŧǑƕǴŋǑʓ ŧþűƵ þĂŋĂ ǈǑƕƙ ŧǑơ ÜǀƧŢǴǉ!ƒ ǴǴưƥ Ǒ5 ǈǑǀNjƒƧďž!ƒ ăþ! ĐžƋǴŢƙ!ƒĂ ýƋǴƽƙ!ƒĂ

(0.368) ƱǴƕƙƧǕƒ ýďžǴƺďž ƩǁƕŧǑơ ŧǑʅƒƧþ!ƒ ýďžƒĂƶ!ƒĂ Ǒʅ5ǉ!ƒ ǈďžǕƒ ΣǴǑǀďž ǈǑƕ ǺǑƑǴŢơʓ

[illegible] (0.000) [illegible] (0.000) [illegible] (0.312) [illegible] (0.000) [illegible] (0.413) [illegible] (0.000) [illegible] (0.406) [illegible] (0.438) [illegible] (0.000).

[illegible] (0.05) [illegible]."

[illegible].

(7) [illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]		
متوسط	104	.690	3.62	ذكر	[illegible]
مرتفع	96	.718	3.88	أنثى	
متوسط	57	.718	3.66	سابع	[illegible]
مرتفع	72	.702	3.74	ثامن	
مرتفع	71	.722	3.82	تاسع	
مرتفع	92	.671	3.77	ثانوي فما دون	المستوى التعليمي للأب
مرتفع	108	.750	3.72	أعلى من ثانوي	
مرتفع	117	.663	3.77	ثانوي فما دون	المستوى التعليمي للأم
مرتفع	83	.781	3.71	أعلى من ثانوي	

ŀőƧǴōƶdž!ƒ ƘǴƽƒƧơǉŮƒĂ ŀōǜǴʅơ!ƒ ƘǴƱʅĂƙdž!ƒ Ŏ5 ǿōƧǋǴƲ ǽǉōǴǜƙ (7) ýĂþŋ!ƒ ǇŌǜő

Ŏdžōǁƶƙ!ƒ ăĂƙʅdž!ƒĂ Ü2 Ʈ!ƒĂ ÜΣǉŋ!ƒ ƘƒƧōƺƙdž ƘǴƑ5 2 ǖƙƤƒ Ɣǜʅǜ Ŏʅƽǉ!ƒ ǇdžŰƒ ăĂƙʅdž!

Ǆƙ ŀōǜǴʅơ!ƒ ƘǴƱʅĂƙdž!ƒ ǇŌǜ ŀőƑǴƮơŰƒ ƾĂƧƽ!ƒ ŀ!Ŭþ ǇǴǜ!Ă Ǆű! Ŏdžōǁƶƙ!ƒ ăĂƙʅdž!ƒĂ ÜƔű!

.(8) ýĂþŋ!ƒ Ŏ5 Ǵdžŧ ŎƵǴǜƧ!ƒ ǇőǴǜƙ!ƒ ýőǁơƙ ǄƒþƤƙʅƒ

(8) !ƽþ üǋǫǕ

Ăŧƴ !ǖǁ ǏǄǐŧɏǂǁ ǌǋŧƨǄǁǁǌ Ûƒǖǁ ǏǄǐŧɏǂǁ ǌǋŧƨǄǁǁǌ ÛƩ Ʈǁǁǌ ÛƧǕǁǁ þƙŬ ǏƳƑþǁǁ ǄǐƑǂǁ üǐŧΘŀ
Ǐƨ2ǁǁ ǄǄǗǁ ǌǋŧƨǄ

ǇŌǴǜƙ!ƒ Ƨþ Ʈdž	ƳĂdžŋdž ƘǴƶǜƧdž!ƒ	ƘǴŋƧþ ŀőƧơ!ƒ	Ʊʅ Ăƙdž ƘǴƶǜƧdž!ƒ	2 ŀdžōp	ŀ!Ŭþ!ƒ ŀőƑǴƮơŰƒ
Σǉŋ!ƒ	3.668	1	3.668	7.423	.007
2 Ʈ!ƒ	.993	2	.497	1.005	.368
Ɣű! Ŏdžōǁƶƙ!ƒ ăĂƙʅdž!ƒ	.587	1	.587	1.188	.277
Ǆű! Ŏdžōǁƶƙ!ƒ ăĂƙʅdž!ƒ	1.102	1	1.102	2.230	.137
ǳƱƤ!ƒ	95.859	194	.494		
Ŏǁŧ!ƒ	101.238	199			

:ŎƙŰƒ (8) ýĂþŋ!ƒ Ǉdž ǇōǜƙŎ

- ŀdžōp Ƙƺǁǜ ŀőơ ÜΣǉŋ!ƒ ƧλŰ ăƨƶƙ (0.05 = α) ŀőƑǴƮơƍ ŀ!Ŭþ ƘƒƦ ƾĂƧ5 þĂŋĂ
. ŀǴǉŰƒ Ơ!ǴƮ! ƾĂƧƽ!ƒ ƘǴǆŋĂ Ü0.007 Ƙƺǁǜ ŀőƑǴƮơƍ ŀ!Ŭþǜ 7.423 2

- Ƙƺǁǜ ŀőơ Ü2 Ʈ!ƒ ƧλŰ ăƨƶƙ (0.05 = α) ŀőƑǴƮơƍ ŀ!Ŭþ ƘƒƦ ƾĂƧ5 þĂŋĂ ǄþƵ
.0.368 Ƙƺǁǜ ŀőƑǴƮơƍ ŀ!Ŭþǜ 1.005 2 ŀdžōp

Ǒďžŏǐžƙ!ƒ ăĂƙʅďž!ƒ ƧλŰ ăƨžƙ (0.05 = α) ƗŏƑƓƮơƍ Ɨ!Ǚþ ƘƒƦ ƾĂƧƼ þĂηĂ Ďþƶ -

.0.277 ƘʒǊ ƗŏƑƓƮơƍ Ɨ!ǙþǉĂ 1.188 ƻ Ɨďžŏp Ƙʒǉ Ɨŏơ ÜƔű!

Ǒďžŏǐžƙ!ƒ ăĂƙʅďž!ƒ ƧλŰ ăƨžƙ (0.05 = α) ƗŏƑƓƮơƍ Ɨ!Ǚþ ƘƒƦ ƾĂƧƼ þĂηĂ Ďþƶ -

.0.137 Ƙʒǉ ƗŏƑƓƮơƍ Ɨ!ǙþǉĂ 2.230 ƻ Ɨďžŏp Ƙʒǉ Ɨŏơ ÜĎű!

ơďƳ ǉĭƋƑƬƟƌ ǉǁǗơ ƖƐƤ ƼǋþƺơǁǊƗ üǉ " : Ƨ ĎǄƑƇǁƐ üƐDƨǁƑƓ ǉƾǂyƗĎǄǁƐ ƛƋƑƗďǁƐ :ƒƨĎǄƑƇ

ǌǋƗƨĎǄǁƐ ÛƩƬǁƐ ÛƧ ďǁǁƐ þĭƩƗĎǄǁ ǌƦyƗ !ĎƑʅƗǁƐǋ üĎƑƻƗǁƐ ǉǁþơ Ĭʓ 0.05 ǉǁǗơǁƐ ǌǋƗƨĎǄ

."ÝƔþƬƑďǁƐ ƅƑƮƽ Ĭʓ ĎǆƾǉƐþĎǄǁƐ ǌơǁ !ŭǁ ĬĎǆǂyƗǁƐ ǌǋƗƨĎǄǁƐ ǋ ƒŭǁ ĬĎǆǂyƗǁƐ

ƗηƧþ! ƗŏƧƓŏžďž!ƒ ƘƓƼƒƧơǉǙƒĂ ƗŏǉƓʅơ!ƒ ƘƓƱʅĂƙďž!ƒ ǁƒƧƤƙʅƒ Ďƙ ýƒƋʅ!ƒ ƒƦǋ ǇƵ ƗǉƓηǘ!

ăĂƙʅďž!ƒĂ ÜƔű! Ǒďžŏǐžƙ!ƒ ăĂƙʅďž!ƒĂ ÜƻƮ!ƒĂ ÜƩǉη!ƒ ƘƒƧŏʒƙďž! ƓžǉƘ ĎƋƓƬƙ!ƒĂ ýƋƓƼƙ!ƒ

. ǁ !Ʀ ǇǑǉŏ ǉƓǉþĎ ýĂþη!ƒĂ ÜĎű! Ǒďžŏǐžƙ!ƒ

(9) !ƽþ üǋơǁ

ÛƩƬǁƐǋ ÛƧďǁǁƐ ƖƐþĭƩƗĎǄǁ ƑyƓƗ !ĎƑʅƗǁƐǋ üĎƑƻƗǁƐ ǉǁþơǁ ǉĭþƑĭyĎǄǁƐ ƖƑʓƐþƟďǗƐǋ ǉĭƓƑƨƟǁƐ ƖƑƯƨǋƗĎǄǁƐ

!ŭǁ ĬĎǆǂyƗǁƐ ǌǋƗƨĎǄǁƐǋ Ûƒŭǁ ĬĎǆǂyƗǁƐ ǌǋƗƨĎǄǁƐǋ

ăĂƙʅďž!ƒ	þþž!ƒ	ƻƒƧơǉǙƒ ĭƧƓŏžďž!ƒ	ƱʅĂƙďž!ƒ ǑǉƓʅơ!ƒ		
ýƑƓƼƙďž	104	.500	3.86	ƧǂƦ	Ʃǉη!ƒ
ýƑƓƼƙďž	96	.516	3.90	Ĭλǉ	
ýƑƓƼƙďž	57	.509	3.77	yǉƓʅ	ƻƮ!ƒ
ýƑƓƼƙďž	72	.487	3.86	ǇďžƓλ	
ýƑƓƼƙďž	71	.508	4.00	yʅƓƙ	
ýƑƓƼƙďž	92	.470	3.91	ǇĂþ Ɠďžƽ ĭĂǉƓλ	Ǒďžŏǐžƙ!ƒ ăĂƙʅďž!ƒ
ýƑƓƼƙďž	108	.538	3.86	ĭĂǉƓλ Ǉďž Ĭǁƶǉ	Ɣű!
ýƑƓƼƙďž	117	.459	3.85	ǇĂþ Ɠďžƽ ĭĂǉƓλ	Ďű! Ǒďžŏǐžƙ!ƒ ăĂƙʅďž!ƒ
ýƑƓƼƙďž	83	.567	3.93	ĭĂǉƓλ Ǉďž Ĭǁƶǉ	

[illegible] (9) [illegible]

[illegible]

[illegible]

.(10) [illegible]

(10) [illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
.596	.282	.071	1	.071	[illegible]
.030	3.581	.896	2	1.793	[illegible]
.079	3.118	.780	1	.780	[illegible]
.328	.963	.241	1	.241	[illegible]
		.250	194	48.559	[illegible]
			199	51.178	[illegible]

:[illegible] (10) [illegible]

- [illegible] (0.05 =α) [illegible] 0.282 [illegible] .0.596

- [illegible] (0.05 = α) [illegible] 3.581 [illegible] 0.030 [illegible]

Ŏ5 ǇǰǒƕǆǎǍ ĂǸǰ ǤǆǎǂǍ ǊǒǮƬ ǂǀǒƧƱƕ ǂǒƥƶƕ!ƒ ƘǤǰƧǤǀǆǎ!ƒ ǅƒƥƤƘǃƒ ǅǃ ǂǒƕǤǃơ!ƒ ƘǤƱǃĂǃǆǎ!ƒ ǇǰǒƕǆǎǍ

.(11) ýĂƥƞ!ƒ

- ŎǆǎǒǀƶƘ!ƒ ăĂƘǃǆǎ!ƒ ƧƛǗ ăƨƶƘ (0.05 = α) ǂǒƑǤƮơǫ ǂ!Ǘƥ ƘƒƦ ƼĂƧƼ ƥĂƞĂ ǅƥƵ

.0.079 ƘƷǀƕ ǂǒƑǤƮơǫ ǂ!ǗƥƕĂ 3.118 ƻ ǂǆǎǒƥ ƘƷǀƕ ǂǒơ ǗƔǖ!

- ŎǆǎǒǀƶƘ!ƒ ăĂƘǃǆǎ!ƒ ƧƛǗ ăƨƶƘ (0.05 = α) ǂǒƑǤƮơǫ ǂ!Ǘƥ ƘƒƦ ƼĂƧƼ ƥĂƞĂ ǅƥƵ

.0.328 ƘƷǀƕ ǂǒƑǤƮơǫ ǂ!ǗƥƕĂ 0.963 ƻ ǂǆǎǒƥ ƘƷǀƕ ǂǒơ ǗǅǖǕ!

(11) ǖǊǰǀǁ

!ǅƑǃǂǀǊǰ ǖǅƑƻǂǀ ƕǁƥǫ ĂǂƳ Ƹ Ƭǀ ƥƘǗ ƕǐƻǃ ƕƼǐƥƯǤ ƕǐǫƴǤǀ ǃƑǖƥƑƼǅǀ

	ƱǃĂƘǆǎ!ƒ ŎƕǤǃơ!ƒ	ƴƕǤǃ	ǇǆǎǤƛ	ƴǃǤƘ
ƴƕǤǃ	3.77			
ǇǆǎǤƛ	3.86	.09		
ƴǃǤƘ	4.00	*.23	.14	

*ǂ!ƒƥ ƥǀƵ ăĂƘǃǆǎ ǂ!Ǘƥ!ƒ (0.05 = α).

ƻ Ƭ!ƒ ǇǰǒƕƘ (0.05 = α) ǂǒƑǤƮơǫ ǂ!Ǘƥ ƘƒƦ ƼĂƧƼ ƥĂƞĂ (11) ýĂƥƞ!ƒ ǇǆǎǍ ǇǰǒƕƘǒ

.ƴǃǤƘ!ƒ ƻ Ƭ!ƒ ƠǃǤƬ! ƼĂƧƼ!ƒ ƘǤǤƞĂ ƴǃǤƘ!ƒĂ ƴƕǤǃ!ƒ

مناقشة

(2011)

مناقشة:

(2008)

مناقشة

مناقشة [illegible] (0.05) [illegible]

[illegible]

[illegible]

[illegible]

[illegible] .[28:[illegible]]

مناقشة: ... 0.05 ...

التوصيات

[illegible]:

- [illegible]
- [illegible]
- [illegible]
- [illegible]
- [illegible]
- إقتراح [illegible]

المراجع

[illegible]

[illegible] (2011) [illegible]

[illegible] (2011) [illegible] 25 (7).

[illegible] (2010) [illegible] 38 (3) 58- 91.

[illegible] (2007) [illegible] 9 (4) 107 -132.

[illegible] (2001) [illegible] 60 (15) 51- 81.

[illegible] (2005) [illegible]

[illegible] (2004) [illegible]

njɑ‖ !DƑ˩ǂ‖ƐNj üDƑƻǂ‖Ɛ DžDž ü|Ǵ ƑNJǂƨǘYNj hǔþƨǓƐ hǝ˩ǆǂ‖Ɛ ƒǐ‖Ƒƨƈ .(2009) .Ÿƒ þhƵ ÜǑhƧơ!ƒ

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.ǂǆƧǂǆ!ƒ ǂǂǆ Üă Ƨ|!ƒ

ǂ!Ǵù˩Ƨ .ɑƐɑøƸǴ lƑyDžƑШ hǴǂƯ njɑ‖ !DƑ˩ǂ‖Ɛ-üDƑƻǂ‖ ƧƑǐƨDž ƀƑǆǴ .(2001) .LJƒþɳĂ Ü‖Ǵǂơ!ƒ

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Ƨ þƐɑDž‖Ɛ Ǐƺ hDžƑy‖Ɛ hǐNjǆƑǩ‖Ɛ hǴǂƯ njɑ‖ !DƑ˩ǂ‖ƐNj üDƑƻǂ‖Ɛ hǐШNj‖Nj|ǐƨ . (1999). ýǒƤ ÜLJƒþǆơ

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.LJǒƱ˩5

ƘǴ˩ƒƧþ! ƧǴǆƦ ǂƶǆǴɳ ǂɳǆ .þƑDžƤ hyDžƑШ hǴǂƯ njɑ‖ !DƑ˩ǂ‖Ɛ -ýƋǴƽǩ!ƒ .(2005) .þǆơǆ Üǐ Ƨǒǆơ!ƒ

.25 -22 Ü2 ǂĂơh!ƒĂ

.ƀƑyǆƬ hyDžƑШ hǴǂƯ njɑ‖ Ǐƨƻ‖Ɛ DžDžǓƑǴ LJǂƨǘYNj Ǐǆǐɑ‖Ɛ !ƐƦǂ‖ǗƐ .(2001) .Ƙǆǂơ ÜǑǒǆɳ!ƒ

.LJǆǒ!ƒ ÜǤǴƶǉƬ ǂƶǆǴɳ ÜlƧĂƬǉǆ Ƨǒƺ Ƨǒǩ˩ɳǴǆ ǂ!Ǵ˩Ƨ

LJǂƨǘYNj ƔƦƷ lƑƴƷƑϴDžǴ ƺƑyƨǕƐ Ʀ|ƐþDžǴ DžǐǂDžƑy‖Ɛ njɑ‖ Ǐƨƻ‖Ɛ DžDžǓƐ .(2003) .þǴnjɳ Üǐ ƧƯƤ!ƒ

ǂƶǆǴɳ!ƒ ÜlƧĂƬǉǆ Ƨǒƺ Ƨǒǩ˩ɳǴǆ ǂ!Ǵ˩Ƨ .njþɑƈ lƐþǐƸǂDžNj hǐƬɑ˩‖Ɛ lƑDžƨ ƒ yǴǴ

.lƨƺ ÜǂǒǆǘǗǓƒ

hƨǂƯDž‖Ɛ) hǐǆǐƯƨǂƻ‖Ɛ ƔƈþDž‖Ɛ njɑ‖ hǐƨƻ‖Ɛ ƔɑϴNj‖ƑǴ þNjy˩‖ƐNj Ǐƨƻ‖Ɛ DžDžǓƐ .(2010) .ǤǴ5Ă ÜƧƱǒĂƤ

.lƨƺ ÜǂǒǆǘǗǓƒ ǂƶǆǴɳ!ƒ . lƐþǐƸǂDž‖Ɛ ƒ yǴǴ ƑNJǂƨǘYNj (hǂDžþǓƐNj

.DžƒƧNjǕƒ ǂ˩˩ƋǆÜlƧNjǴ!ƒ .2 Ƨ ƻ‖Ɛ !ǂY ƔþǐɑƤ .(1990) .ýǴǆǂ ÜǑpĂ˩þ

DžǐƨljƐþDž‖Ɛ DžDž lƑǆǐY njɑ‖ hǐƨƻ‖Ɛ ƔɑϴNj‖ƑǴ þNjy˩‖Ɛ .(2004) .ýǴǆɳ ÜƧǆǴƵ Ă þnj5 ÜDžǒ!þ!ƒ

.ǂǒþĂƶ˩!ƒ ǂǒhƧƶ!ƒ ǂǂǆǆǆ!ƒ ÜþĂƶ˩ ‖ǆǆ!ƒ ǂƶǆǴɳ .hǐɑNjy‖Ɛ hǐǴþy‖Ɛ h|ǂDžDž‖ƑǴ lƑƨljƐþDž‖ƐNj

[illegible] .(2003) . [illegible]

.[illegible]

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: [illegible] .(2001) . [illegible]

.[illegible]

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[illegible] (8) 24 [illegible] . [illegible]

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23 [illegible] .([illegible]) [illegible]

.57-13 (91)

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[illegible] - [illegible]

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.310 -281 [illegible](1) 14 [illegible]

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[illegible] .(1995) [illegible]
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[illegible] .(2003) .[illegible]

.132 -58 (58)[illegible]

[illegible] .(2012) .[illegible]

[illegible]

.236 -207 (2) 20 [illegible]

[illegible] .(2012) .[illegible]

.93 -53 (2) 20 [illegible]

[illegible] .(2000) .[illegible]

(3) 6 [illegible]

.41 -1

[illegible] .(2003) .[illegible]

.(613- 677) (4)13 [illegible]

[illegible] .(2003) .[illegible]

-365 (3) 13 [illegible]

.391

[illegible] .(2001) .[illegible]

.41 -11 (22) [illegible]

[illegible] .(2006) .[illegible]

[illegible]

[illegible]

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.(3)

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.149-132 (62) [illegible]

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الملاحق

ملحق رقم (1)

[illegible]

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[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	.601	4.75	[illegible]	1	1
[illegible]	.840	4.67	[illegible]	39	2
[illegible]	.894	4.57	[illegible]	27	3
[illegible]	.943	4.57	[illegible]	38	3
[illegible]	1.017	4.46	[illegible]	31	5
[illegible]	1.106	4.45	[illegible]	25	6
[illegible]	.893	4.42	[illegible]	5	7
[illegible]	1.190	4.29	[illegible]	34	8
[illegible]	1.204	4.21	[illegible]	36	9
[illegible]	1.232	4.20	[illegible]	6	10
[illegible]	1.161	4.11	[illegible]	33	11
[illegible]	1.386	4.09	[illegible]	9	12
[illegible]	1.285	4.08	[illegible]	3	13
[illegible]	1.298	4.07	[illegible]	17	14
[illegible]	1.419	3.95	[illegible]	11	15
[illegible]	1.363	3.91	[illegible]	22	16

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	1.349	3.89	[illegible]	8	17
[illegible]	1.435	3.89	[illegible]	18	18
[illegible]	1.383	3.88	[illegible]	23	19
[illegible]	1.344	3.87	[illegible]	7	20
[illegible]	1.445	3.84	[illegible]	4	21
[illegible]	1.325	3.82	[illegible]	26	22
[illegible]	1.293	3.80	[illegible]	21	23
[illegible]	1.489	3.69	[illegible]	12	24
[illegible]	1.462	3.68	[illegible]	29	25
[illegible]	1.671	3.68	[illegible]	35	25
[illegible]	1.531	3.67	[illegible]	10	27
[illegible]	1.516	3.61	[illegible]	20	28
[illegible]	1.519	3.57	[illegible]	28	29
[illegible]	1.612	3.56	[illegible]	30	30
[illegible]	1.476	3.55	[illegible]	14	31
[illegible]	1.543	3.55	[illegible]	15	31
محايد	1.596	3.42	[illegible]	19	33
محايد	1.477	3.41	[illegible]	32	34

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
محايد	1.630	3.37	[illegible]	24	35
محايد	1.451	3.32	[illegible]	13	36
محايد	1.409	3.29	أشعر بأن [illegible]	2	37
محايد	1.669	3.18	[illegible]	16	38
محايد	1.675	3.06	[illegible]	37	39

(2)

(2005)

(54)

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[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
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					[illegible] .21
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					[illegible] .25
					[illegible] .26
					[illegible] .27
					[illegible] .28
					[illegible] .29

					.30 ŝƖǚ!ƒ ǅƴǍ ƁƉƤ (ŧ!ǋƷǐ!ƒ ǍŊ ƯƧǆǃ!ƒ ƔǐƗǐ) ǉǐƙƗǃ!ƒ ǏǉƵ ƃƙƛ .ǄǆŪƒǍ ƧƒƧƙƗŰƒ ǄǆǃŊƵǊǆǋǍ
					.31 ǂǍŊƶƵ ǊǆǍƗǃ!ƒǍ ǄǆǃŪƒ ƧǍƵƮ ƁŻ ƾǃ! ǆǍǋƉƒ ƒ ǊǄǍƬƦŪƒ ǅǍƖǊƨ !ƒ .ƩǋǊ!ƒ ƔƧƿŊ Ǐǂƴ
					.32 .ǆǐƗ!ƒǍ ǄǆǃŪƒ ƁƉƤ ƔǍƧƴ!ƒ ǅƧǅŧ
					.33 .ƧƷƤ!ǐ ǅƁƉǃ ǈǂǋƴ ǄǆǍ ƧƵƮŊ
					.34 .ǅǋƴ!ƒ ǈƼ ǄǆǃŪƒǍ ƧƒƧƙƗŰƒ ǆǉƶǍ ƁƉǂ ƩǆǍ!ƒǍ ǆǋǋƮƙ!ƒ ƧƵǋƮǆ
					.35 ƧǍƼ!Ŋ ǍŊ ƯƧǆǃ!ƒ ǍŊ ŧ!ǋƷǐ!ƒ ƁƉƤ ǅǋƴ ƁƧƼ!Ŋ ƧƷƤ!ǐ ǍƵƮƧƧǋǍ ǆǉƶǍ .ǄǆǃŪƒ
					.36 .ǄǋǆǃŪƒ ǆǉƶǍ ǊƧƵƮǋ ǅǉƮ!ƒ ƘƿǍ ƁƧƼ!ƒ ǄƵ ƩǋǊ!ƒ ƁǋƵƙǐ
					.37 .ǋǉǍƼ ƧƒƧƙƗŰƒ ǆǉƶǍ ǆǊƧƵƮǋ ǅǋƴ!ƒ ǄǆǃǍ ƩǋǊ!ƒ Ǎǋǋƙǐ
					.38 .ǅǍƧǋŧ ǅǋƴ!ƒ ǈƼ ǋƯƧ!ƒ ǆǉƵǍ ŧǐǋƵƙ!ǐ ƧƵƮŊ
					.39 .ǈƙƧǋǍƙǐ ǉǊǐǋǍ ƜƒƧǆǃ!ƒ ǈǐƮƵǍ ƧƙǍƙǆ ƒ ƤƮ ǋǊŊ
					.40 .ƧƤǓ ƘƿǍ ǄǆǍ (ƃƛ!ƒ ǍŊ) ƻǍƤ!ǐ ƧƵƮŊ
					.41 .ǊǍƧƤǓ ǉǆ ŧƁǍƙŊ ǋǆƁǊƵ ǉƞƤŊǍ ǁǐƙƧŊ
					.42 ǆƱǉǆ (ǈŧǐŊ ƁƿǍ) ǊǍƨǍ ǋǊƼ ƟƧƼ!ƒǍ ǅƁǋƵǐ!ƒ ƧƵǋƮǆ ǈǊƮ ǊǍƙ .ƘƿǍ!ƒ
					.43 .(ǈŧǐŊǍ) ƘƿǍ!ƒ ǆƱǉǆ ǊǍƨǍ ƒ ƤƮ ǋǊŊ
					.44 .ǄǋǆŪƒ ƒ ǊǍ ǏƧǍƵƮǍ ǈǋŧǋƮǆ ǆƱǉǆ ǈƼ ƔǐƗ!ƒ ƻǊǉ!ƒǍ ƔǋƯƺ!ƒ
					.45 .ƘƿǍ!ƒ ǆƱǉǆ ǈƗƼ!ƒ ǇǍƁǋ!ƒ ǆǉƵǍ ƟǋǍƙƧŰƒ ǆǉƶǍ ƧƵƮŊ
					.46 .ǇǍƁǋ!ƒǍ ŧƍƒƧ!ǐ ǏƧǍƵƮ ǉǃǍ ǋǆǆ ǆƧǍǅŧ ƃƧŪƒ ǄǆǍ ǈǋǋƵŊ
					.47 ǈ!ǋƽŊ ǏǉƵ ǅƧƷǍƗ!ƒ ǈǋƁǃƙ ŧƞƧƁ! ƁƍƒƒǄƵ ǈǐƯƸ ƁǍƨǍ ǋǋǋǍƍŊ ǏǉƵ .ƧǍǆŪƒ ŧƷǋƗǐ ǄǆǍ ǆƸƧ!ƒ
					.48 .ǇǋƼƞǍ ƁǍƧǐǐ ǈǋǍǉǆǋƽǍ ƁƿǍ ǈǐ ƩǋǊ!ƒ ǆǋǆǋƙǋǍ ƁǃƼŊ
					.49 .ǅǋƴ!ƒ ǊǆǊǋ ǈƼ ƁǍƍǍ ǈǋǋŊ ŧƧǍǅŧ ƧƵƮŊ
					.50 .ǉŧǋƮǆ!ƒ ƔǐƗǍ ƩǋǊ!ǐ ƜǋŧǋƍŰƒ ǄǊŊ ǆƧŊ
					.51 ƩǉƞŊ ǋǆƁǊƵ ǍŊ) ƩǋǊ!ƒ ǄƵ ƁƵǋǐŊ ǋǆƁǊƵ ŧǍƗƼǊ!ƒ ŧƍƒƧ!ǐ ƧƵƮŊ .(ǏƁƧƼǆǐ)
					.52 .ǅƧƁǋǊ ŧǉǆƵ ƠǐƙŊ ƩǋǊ!ƒ ǄǍǐ ŧǐƍǆǍ ƒ ǆƤǐ ǉǆǋƵǂ!ƒ
					.53 .ŧƙǋƤ!ƒ ǈƼǍƧƱ ƔǐƗǐ ǄǍǉǋǉƼ ǈƑǋƁƙŊ
					.54 .ŧǋƵǆƞ!ƒ ƘǆƼƍ!ƒ ǍŊ ƘǆƍƧ!ƒ ǈƼ ǁƒƧǂƮŰƒ ǊƧŧŊ

(3) [illegible]

[illegible]

[illegible] / [illegible] ....

[illegible]

[illegible] " **الأمن النفسي وعلاقته بالتفاؤل والتشاؤم لدى المراهقين في قضاء الناصرة** ". [illegible] (48) [illegible]

[illegible] الأمن النفسي [illegible].

[illegible].

***المعلومات الشخصية**:

[illegible]: ☐ [illegible] ☐ [illegible]

[illegible]: ☐ [illegible] ☐ [illegible] ☐ [illegible]

[illegible]: ☐ [illegible] ☐ [illegible]

[illegible]: ☐ [illegible] ☐ [illegible]

[illegible]

[illegible]

[illegible]

مقياس الأمن النفسي

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
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					[illegible]	.42
					[illegible]	.43
					[illegible]	.44
					[illegible]	.45
					[illegible]	.46
					[illegible]	.47
					[illegible]	.48

(4) [illegible]

[illegible]

[illegible] .... [illegible]

[illegible]

[illegible] (49) [illegible] (2013) [illegible]

[illegible]

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[illegible]

[illegible]

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					[illegible]	.1
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					[illegible]	.3
					[illegible]	.4
					[illegible]	.5
					[illegible]	.6

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]						
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.9	[illegible]					
.10	[illegible]					
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.4	[illegible]					
.5	[illegible]					
.6	[illegible]					
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[illegible]						
.1	[illegible]					
.2	[illegible]					
.3	[illegible]					
.4	[illegible]					
.5	[illegible]					
.6	[illegible]					
.7	[illegible]					

(5) [illegible]

[illegible]

[illegible] ....

[illegible]

[illegible] " **الأمن النفسي وعلاقته بالتفاؤل والتشاؤم لدى المراهقين في قضاء الناصرة** ". [illegible] (39) [illegible]

[illegible]

***المعلومات الشخصية:**

[illegible] : ☐ [illegible] ☐ [illegible]

[illegible] : ☐ [illegible] ☐ [illegible] ☐ [illegible]

[illegible] : ☐ [illegible] ☐ [illegible]

[illegible] : ☐ [illegible] ☐ [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]	[illegible]	موافق بشده	موافق	محايد	غير موافق	غير موافق بشده
.1	[illegible]					
.2	أشعر بأن [illegible]					
.3	[illegible]					
.4	[illegible]					
.5	[illegible]					
.6	[illegible]					
.7	[illegible]					
.8	[illegible]					
.9	[illegible]					
.10	[illegible]					
.11	[illegible]					
.12	[illegible]					
.13	[illegible]					
.14	[illegible]					
.15	[illegible]					
.16	[illegible]					
.17	[illegible]					
.18	[illegible]					
.19	[illegible]					
.20	[illegible]					
.21	[illegible]					
.22	[illegible]					
.23	[illegible]					
.24	[illegible]					
.25	[illegible]					
.26	[illegible]					

!ɟɓǁɛ	ɣɓʂƧǁɛ	موافق بشده	موافق	محايد	غير موافق	غير موافق بشده
.27	.ǑƙƧʅɒ ɣǆ ƖƓőơ!ƒ ǇƵ Ɠư Ƨ!Ɠƕ ƧƶƮɒ					
.28	ƗùǒƱʓƙ! Ǒù5ǂǒ ǇǇù! ýƒǍùǆɒ ǇǇùǆ ǋǒİƵ ýƮơƋʅ Ɠǆ ǇɒɣƥǍƙɒ .ǑƙƓɳƓǒƙơƒ					
.29	.ǎƦǕƒ Ǒƕ ʂơǁǒʅ ǋǇǕ ǇǒƧƤǓƒ ɣǆ ǁơư!ƒ ƔǇɳƙɒ					
.30	.ƖƧʅɒ ƇƓǇƕ ǏİƵ ʆƧɓƓɸ ǇǍǂƋʅ ǑǇɒ ɓƖƙƵɒ Ǔ					
.31	.Ɨʅ Ƨɓǆ!ƒ Ǒ5 ƖƧƓʅ ƘĐɳƓ5ǆ ɣƥǍƙɒ					
.32	ǑɲƙǇƙùʅ ƗùǒǋƒƧǂ!ƒǍ Ɣơ!ƒ Ǉǆ Ɨưɒ ƓǇƙǆ!ƒ ǏƧƵƓƮǆ ǇɒɣƥǍƙɒ .ǛƕƖƙʅǆ					
.33	.ƖƧǂƒƦǆǁ! ʂƧƱ!ƒ ýư5ɒ Ɨ5Ƨƶǆ ǏİƵ ƖƧɓ!ƒ ǁǁƙǆɒ					
.34	.ǅƓǒǕƒ Ǉǆ ƓǆǍǒ ýƖƙʅǆ!ƒ Ǒƙƕ Ǐɓ! ǇǍǂǒʅ					
.35	.ƗƱơ! Ǐƕ Ǐɓ!ƒǍ ýƮ5ǇǒǇɒ ɣƥǍƙɒ					
.36	.ƗơƧ5ǆ!ƒ ƗǒƵƓǆƙɳǓƒ ƗƒɓơǕƒ Ǒ5 Ƨǂ5ɒ					
.37	.ǛƕƖƙʅǆ Ǒ!Ɠǆ!ƒ ýǔƖƙʅǓƒ ǎǍƙʅǆ Ǐ!ʚ ýƮɒ Ǉ! ǑǇɒ ƧƶƮɒ					
.38	.ƟƓɳǇ!ƒ ʂǒƖơƙ! ƖɓƒƧǓƒ ǁǁƙǆɒ ǑǇɒ ƧƶƮɒ					
.39	.Ɩɓǒƶʅ ƗǒƧʅɒ ƖƓőơ ɣƥǍƙɒ					

ملحق (6)

قائمة بأسماء المحكمين

[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]
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جامعـــة اليرمـــوك
YARMOUK UNIVERSITY

كليـــة التربيـــة
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إلى من يهمه الأمر

الموضوع: تسهيل مهمة الطالبة رنا عرفان دراوشة

تحية طيبة وبعد،،،

تقوم الطالبة رنا عرفان دراوشة، ورقمها الجامعي (٢٠١١٤٠٢٢٠٣)، بدراسة بعنوان "الأمن النفسي وعلاقته بالتفاؤل والتشاؤم لدى المراهقين في قضاء الناصرة"؛ وذلك استكمالاً لمتطلبات الحصول على درجة الماجستير في التربية، تخصص إرشاد نفسي. ويستدعي ذلك تطبيق أداة الدراسة المرفقة على عينة من طلاب المرحلة الإعدادية في مدارس قضاء الناصرة في فلسطين.

أرجـو التكرم بالاطلاع والموافقـة على تسهيل مهمـة الطالب المذكور أعلاه.

وتفضلوا بقبول فائق الاحترام،،،

عميد كلية التربية

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Abstract

Darawshy, Rana Irfan. Psychological security Level and Its Relationship with Optimism and Pessimism Level among Adolescent in Nazareth. Master Thesis. Yarmouk University. (2014). (Supervisor: Dr. Hanan Shakran).

This study aimed to explore the psychological security and its's relationship with optimism and pessimism among Adolescents in Nazareth, as well as, The statistical significant differences (α = 0.05) in the levels of psychological security, optimism and pessimism, according to gender, grade, the acadimic level of father, and the acadimic of mother variables. The study sample consisted of (200) Adolescents students in Junior high school were selected in the first semester of 2014-2015. To achieve the objectives of the study, the psychological security scale for Adolescents was used, which is prepared by Shker (2005), and the optimism and pessimism scale was used, which is prepared by makaldi (2013).

The results of the study revealed that the psychological security level among Adolescents in Nazareth came with a high degree, also the results of the study showed that the optimism and pessimism level among Adolescents in Nazareth came with a high level of optimisim.

The results of the study indicated that there were statistical significant positive correlation between the psychological security level and the domain of optimism and pessimism scale (social factors, family factors, academic factors, economic factors, optimism and pessimism as a whole) among Adolescents in Nazareth. The results of the study also indicated that there were statistically significant differences (α=0.05) in the psychological security level according to gender variable among Adolescents in Nazareth, in favor of females. And there were no statistically significant differences (α=0.05) in the psychological security level among Adolescents in Nazareth according to grade, the educational level of father, and the educational level of mother variables. In addition, there were statistically significant differences (α=0.05) in the level of optimism and pessimism among Adolescents in Nazareth according to grade variable, the differences were between seventh grade and ninth

grade, in favor of ninth grade. And there were no statistically significant differences (α=0.05) in the level of optimism and pessimism among Adolescents in Nazareth according to gender, the educational level of father, and the educational level of mother variables.

Key words: Pychological Security, Optimism, Pessimism, Adolescents, Nazareth.